



spa
at chancery court

experience



Rituals

Designed by the Spa at Chancery Court, the following packages are created to maximise your spa experience. Each begins with a refreshing foot ritual, including a foot soak and exfoliation and an energising pressure point massage. Enjoy herbal tea while having a detailed consultation with your therapist to ensure the treatment is tailor-made for your needs.

Revitalising Ritual (2hr 15min £195)

Begin with a revitalising and skin-smoothing foot ritual, followed by a full body exfoliation using an invigorating salt and oil scrub. Ease aches and pains with an aromatherapy-infused back massage. The ritual concludes with a personalised facial; whether your skin is in need of re-hydrating or brightening, your therapist will tailor the facial to your needs.

Detox Ritual (2hr 30min £210)

Designed to detoxify your body, the Detox Ritual begins with a refreshing foot ritual, followed by a full body brush to boost lymphatic drainage. A full body exfoliation using a detoxifying salt and oil scrub, followed by a purifying algae wrap, will eradicate dry skin and impurities, leaving your skin nourished and polished. This ritual is completed with a deep cleansing facial, ensuring you are purified from head to toe.



Relaxation Ritual (3hr £230)

The ultimate relaxation experience, the Relaxation Ritual begins with a balancing foot ritual. Unwind with a full body hot stone massage – the heat of the stones removing tension and stress – before enjoying a foot soak and exfoliation. Rebalance with a therapeutic pressure point massage, and a Shirodhara head massage using warm oil. Concludes with a nourishing facial, leaving your skin hydrated and radiant.

Rejuvenation Ritual (3hr 15min £245)

Guaranteed to leave you feeling bright and renewed, the Rejuvenation Ritual begins with an energising foot ritual. A full body exfoliation using a stimulating salt and oil scrub will leave your skin feeling supple and glowing. Next, a brightening facial with a lifting and toning massage will renew your skin. An express manicure and pedicure completes the experience, leaving you feeling renewed and looking radiant.



Ayurvedic Discoveries

A technique dating back more than 4,000 years, Ayurveda advocates holistic thinking for a balanced way of life. At Spa at Chancery Court we believe in complete wellness and feel Ayurveda – a holistic and natural healing process – nurtures both body and soul. Select an Ayurvedic Discovery and surrender your experience to our qualified holistic therapist who will prescribe the most suited treatment for you.

Each Ayurvedic Discovery includes:

- A traditional foot cleansing ritual with exfoliation
- An Ayurvedic consultation to establish your personal dosha (body type)
- One 1hr 30min therapy
- Personalised lifestyle consultation to keep

Peace (2hr £190)

For those seeking solace. Shake off your stresses and problems and let us cosset and comfort your soul. This will bring peace to mind and body, recreate emotional balance and give a healthy flow of energy. Ideal for the release of stress and anxiety, detoxification and fatigue.

The Marma Abhyanga, an ancient therapy using warmed oils and combining marma point massage with yogic stretches to the joints, re-establishes healthy flow of energy through the body's pathways and channels.

Completed with Shirodhara.

Tranquility (2hr £190)

Put your body back on track and restore vitality. This will regain your balance, lift your spirits and harmonise the body, mind and spirit.

Shirobhyanga head massage – a nourishing and de-stressing head, neck and arm massage that releases deep-seated muscular tension. Additionally, the natural Ayurvedic oils nourish the scalp to help promote hair growth. Helps to alleviate stress and migraines.

Completed with Marma Abhyanga a full body massage.



Purity (2hr £190)

Kick-start a body overhaul by expelling impurities and releasing your body's blocked energy and tension. This will help clear toxins, boost the metabolism and leave you feeling fresh and full of energy.

Pinda Sweda Massage uses therapeutic Ayurvedic herbal powders, which are crushed in a traditional pestle and mortar, and applied in a bolus. Warming oil is applied to the body using the bolus and pummelled into the skin.

Strengthening and rejuvenating, this treatment addresses problems relating to weak joints and sore muscles.

Udvertana a deep cleansing treatment of Ayurvedic herbs are vigorously rubbed over the body to draw out impurities and reduce water retention. The natural ingredients exfoliate the skin and reduce signs of cellulite, leaving a smooth finish with a natural lustre.

Vitality (2hr £190)

Claim back your energy and uplift the spirits. You will be revitalised and improve your body's circulation.

Mukhabhyanga is a remedial therapy designed to lift the facial muscles and increase energy flow, improving the skin condition and leaving a youthful glow.

Padabhyanga a lower leg and foot massage – a traditional Ayurvedic foot treatment starting with the firm massage of the lower leg followed by a manipulating marma point massage of the sole of the foot using deep pressure techniques. An Ayurvedic alternative to reflexology, this therapy improves blood circulation and releases blockages around the body.

Serenity – deluxe Ayurvedic Discovery (3hr £255)

Experience Samvahana, a four-handed full body massage performed by two therapists, followed with Mukhabhyanga, a remedial therapy designed to lift the facial muscles and increase energy flow, improving skin condition and leaving a youthful glow.

Complete with Shirodhara, a third eye treatment warm blended oil which is gently poured in a slow rhythmic movement over the forehead marma point known as the third eye.



Body experiences

HOLISTIC BODY EXPERIENCES

Tension Suspension (55min £85)

Tension Prevention (course of ten 55min treatments £780)

Suggested add on: Back Massage

Designed specifically to target side effects of a stressful lifestyle, this signature treatment focuses on areas of tension to bring about balance. A deep upper back and shoulder massage, followed by a mini facial treatment, along with extensive face, neck and scalp massage, you'll feel instantly relieved from tension, with a renewed clarity and focus.

Holistic Body Wrap (55min £90)

Suggested add on: Back Massage

A truly luxurious experience tailor-made to your needs. The treatment includes lymphatic skin brushing, skin smoothing body exfoliation and a choice of conditioning marine mud, detoxing algae or warming oshadi clay body wrap. Achieve total tranquillity with a calming oriental head massage using individually selected essential oils.

Purifying Back Treatment (55min £85)

Suggested add on: vitage Deep Cleansing Facial

Starting with a deep cleanse, body brushing and exfoliation to help stimulate circulation and cell renewal, this treatment also includes a hot stone massage, and a warm marine mud mask with individually chosen essential oils. Ideal for all skin types.

Detox Body Experience (1hr 25min £120)

Suggested add on: Oriental Head Massage

Improve sluggish circulation with a full body exfoliation using a detoxifying salt and oil scrub, followed by a full body massage. This experience helps reduce water retention and stimulates the circulation to assist with toxin removal and aid nutrient absorption.

Holistic Back, Face and Scalp (1hr 25min £120)

Suggested add on: Ayurvedic Foot Ritual

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage, using essential oils and hot stones to soothe and balance. This is followed by an ESPA Intensive Facial tailored to your needs and a therapeutic head massage to help ease tension.

Jetlag Reviver (1hr 25min £120)

Suggested add on: ESPA Regenerating Eye Treatment

Whether you're looking to combat a change in time zones or regulate sleep patterns, this treatment dissolves fatigue and stress with its full body salt and oil scrub, followed by a comforting body massage.

Holistic Stress Buster (1hr 50min £160)

Suggested add on: Oriental Foot Massage

Perfect for those with high stress levels, this treatment begins with a welcoming foot ritual and full body exfoliation. A booster facial cleanses impurities and an oriental head massage releases mental fatigue, while the full body massage with oils and hot and cold stones will release tension and leave you feeling balanced.

Ayurvedic Dosha Experience (1hr 50min £170)

Suggested add on: Shirodhara

Using ancient Ayurvedic traditions blended with western practices, your therapist will establish your Dosha type and design a ritual to restore internal balance. The treatment includes a full body scrub, Dosha specific massage and body wrap. Relax with a cup of hot tridoshic tea and emerge from the experience feeling renewed and revitalised.

ADVANCED BODY TREATMENTS

CoffeeBerry® Slimming Treatment (50min £90 / course of ten 50min treatments £810)

Suggested add on: CoffeeBerry® Yoga Facial

Target the hips, abdomen, thighs and other problem areas with this natural slimming treatment. The skin is cleansed and a natural peel is applied to remove dead skin cells, before the clinically-tested CoffeeBerry® Slimming Complex helps firm the skin, reduce inches and minimise the appearance of cellulite. Most effective in a course of treatments.

Skin Fabulous Face & Body Treatment (1hr 25min £140)

Suggested add on: Advanced Eye Treatment

This treatment uses advanced results driven vitage products to treat face and body. It includes a full body dual action exfoliation and an application of a vitamin enriched serum. Firm and tone problem areas with the Refining Gel, before a vitamin C facial and oriental head massage complete your experience. This results-driven programme will brighten your skin from top to toe and protect it with an SPF.



Massage

Personalised Massage (55min £85 / 1hr 25min £125)

Course of ten 55min treatments £780

Suggested add on: Salt & Oil Scrub

A consultation with your therapist will determine the type of massage pressure, technique and desired results, tailor-making the treatment to suit your individual needs.

Remedial Back Massage (55min £85)

Suggested add on: ESPA Personalised Facial

An individual and therapeutic approach to tackling knots and tension in the back, neck and shoulders. Therapists use their knowledge and experience to create a unique experience targeting individual needs.

Thai Herbal Massage (55min £85 / 1hr 25min £120)


Suggested add on: Oriental Head Massage

A full body massage incorporating Thai herbal heat compressors. Tools of ancient Thai healers, these fragrant cotton bundles contain herbal mixtures to soothe aching muscles and detoxify, in this all-encompassing experience.

Hot Stone Massage (55min £85 / 1hr 25min £120)

Suggested add on: Shirodhara

A complete body massage using heated basalt lava stones to iron out stress and soothe aching muscles, bringing about a state of deep relaxation.



Indian Ayurvedic Head Massage (55min £85)

Suggested add on: Back Massage

Designed specifically for the Spa at Chancery Court, this treatment combines authentic Indian Head Massage techniques with Ayurvedic Shirodhara, promoting physical and psychological wellbeing.

Abhyanga Four Handed Massage (50min £170 / 1hr 20min £240)

This unique massage experience, designed by the spa's expert team, begins with a welcoming foot ritual followed by two therapists working in tandem to balance mind, body and soul. Drawing on Ayurvedic philosophies, this treatment works on increasing flexibility of muscles and joints, rejuvenating skin, and keeping impurities from accumulating in the body by stimulating various tissues.



Facials

HOLISTIC FACIALS

ESPA Personalised Facial (55min £85)

Suggested add on: ESPA Eye Treatment

Whether your skin is in need of re balancing, re-hydration, regeneration or brightening, your therapist will create a tailor-made treatment.

ESPA Regenerating Facial (1hr 25min £120)

Suggested add on: Back Massage

An intensive boost for maturing or distressed skin, this facial gives concentrated protection and nourishment. Focused on regenerating, firming and nourishing, this facial leaves your skin fresh, revitalised and toned.

ESPA Regenerating and Firming Eye Treatment

(Add on: 25min £45)

Perfect for those concerned with ageing around the eye area or suffering from eye-strain and computer headaches. A blissful firming and hydrating treatment, which helps to reduce the appearance of fine lines and protect against the environment.

ADVANCED COSMECEUTICALS FACIALS

CoffeeBerry® Yoga Facial (55min £100 / 1hr 25min £130)

Suggested add on: Advanced Eye Treatment

An intense and relaxing anti-ageing treatment for areas showing signs of ageing: face, neck, and décolletage. Using PRIORI® CoffeeBerry® this results-oriented treatment will reduce tension and stress levels as well as brighten and even your overall skin tone. Leaves skin feeling firm, lifted, youthful and radiant.

Radical Defense Idebenone Facial (55min £100)

Suggested add on: Rejuvenating Hand Treatment

The first anti-ageing professional treatment to incorporate Idebenone, this facial targets ageing at its source to provide rejuvenation and protection. Using PRIORI® Idebenone Complex Superceuticals®, this treatment minimises fine lines and wrinkles, improves uneven skin tone and texture, and brightens your skin.

vitage Deep Cleansing Facial (55 min £100)

Suggested add on: Purifying Back Treatment

A deeply cleansing treatment suitable for all skin types, particularly problematic skin. Uses the powerful vitage product line to draw out impurities.

vitage Vitamin C Facial (55min £100)

Suggested add on: Salt & Oil Scrub

Using Vitamin C this facial promotes collagen production and brightens uneven skin tone. Suitable for all skin types, especially tired, lackluster skin in need of a powerful boost.

vitage Age Defying Lifting Facial (55min £100)

Suggested add on: Manicure

The ultimate facial to repair and prevent premature ageing, this treatment includes a vitage enzyme lifting mask to firm and hydrate the skin. Ideal for those looking for an instant lift for a special occasion.

Advanced Eye Treatment

(Add on 25min £45)

Designed to reduce signs of ageing along with puffiness and dark circles around the eyes, this treatment uses clinically proven, all-natural ingredients including powerful antioxidants, to give you instant radiance and a naturally youthful appearance.



Hands & feet

Chancery Court's Champagne Manicure (55min £70)

This rejuvenating manicure, designed to renew and hydrate, starts with a smoothing exfoliation and an effervescent Champagne bath with minerals to brighten and revitalise hands. Concludes with the perfect polish for the ultimate finishing touch.

Chancery Court's Champagne Pedicure (55min £70)

This ultimate pedicure starts with a Champagne bath foot soak followed by an exfoliation to leave feet impeccably groomed and toes truly tingling. Soothe and revitalise tired feet with a deep therapeutic massage, before your treatment concludes with the perfect polish.

To complete your manicure or pedicure treatment, a glass of Champagne is available at a surcharge at the end of your sparkling experience.

Reflexology (55min £85)

Your therapist will apply pressure using thumbs, fingers and hands to help clear blockages and re-establish your body's balance. This treatment works by stimulating nerve endings through reflex points in your feet to reduce stress, promote relaxation, improve circulation and encourage the body's natural healing process.



Mother-to-be

Our mother-to-be treatments are specially created for pregnant women and nursing mothers. Pregnant ladies should be in their second trimester. If in doubt about which treatment best suits you, please speak with a therapist when making your reservation.

Prenatal Massage (55min £85 / 1hr 25min £120)

Suggested add on: File & Polish

A total body massage for pregnant or nursing mothers. This luxurious treatment uses advanced massage techniques and a nourishing oil, leaving you relaxed and comfortable.

Mother-to-be Signature Pedicure (1hr 25min £110)

Suggested add on: Radiance Facial

A specifically designed pedicure to treat legs and feet during pregnancy, relieving fatigue, aching feet and water retention. This soothing treatment includes an exfoliation, nourishing mask, circulation-enhancing massage, cooling leg balm and a perfect polish to finish. Also includes a relaxing scalp massage.



Radiance Facial (55min £85)

Suggested add on: ESPA Eye Treatment

A comforting and relaxing facial carefully designed for those who are expecting. This treatment will leave your skin purified, rebalanced and hydrated with a radiant glow.

Prenatal Soother (1hr 25min £125)

Suggested add on: Ayurvedic Foot Ritual

Total luxury for expecting mothers, this treatment is designed to improve the tonicity and comfort of the skin. Using ESPA products, enjoy a full exfoliation followed by a relaxing application of nourishing creams which will rehydrate the entire body. While draped in a soothing body wrap, you'll be further relaxed by a scalp massage.



Couple's treatments

London's most exclusive double treatment room, the Harmony Suite offers total privacy with its own vanity and changing facilities, shower and steam room. Popular with partners, mothers and daughters, and friends looking for a secluded spa experience, Harmony guests can enjoy the treatment of their choice with a therapist each.

Harmony is available for reservations from 1hr 30min. Begin with a steam and shower experience, incorporating a self application of Rhassoul mud to deeply cleanse and nourish your skin. Select your treatments from the spa's menu, and relax with a berry platter and herbal teas.

1hr 30min includes a 55min treatment per person £250

2hr includes a 1hr 25min treatment per person £330

2hr 30min includes two 55min treatments per person £400

The Ultimate Couple's Retreat (3hr £500 per couple)

Upon arrival at the spa, enjoy use of the double steam room and experience shower in the Harmony Suite, incorporating a self application of Rhassoul mud to deeply cleanse and nourish your skin. Indulge in two hours of stress relieving and rebalancing treatments side by side. You will each receive a Salt & Oil Scrub followed by a full body Hot Stone Massage and an Oriental Head Massage. To complete your experience, relax in the suite with a glass of Champagne before receiving a special spa gift to take home.



Add on treatments

This range of short treatments can be added to most facials or body experiences to create a truly unique visit. As an add on treatment, each lasts 25min and costs £45.

Ayurvedic Foot Ritual

A traditional ritual to cleanse and exfoliate your feet – the perfect prelude to any spa treatment. Includes a relaxing massage to increase energy levels and release tension.

Back Massage

This tailor-made back, neck and shoulder massage can be personalised to your requirements – an ideal complement.

File and Polish

Give your hands or feet an instant make-over.

Hopi Ear Candling

A centuries-old method, bringing an enhanced state of health to the ear, nose, throat and sinuses.

Oriental Head Massage

A deep scalp massage using nourishing oils – the perfect antidote to stress.



Rejuvenating Hand Treatment

The perfect addition to any facial, this intensive anti-ageing treatment helps give hands and arms a more youthful appearance.

Revitalising Eye Treatment

A firming and hydrating treatment to help reduce the appearance of fine lines, dark circles and puffiness around your eyes.

Salt & Oil Scrub

This body exfoliation combines mineral sea salts and nourishing essential oils. Ideal before a massage.

Shirodhara

Promoting physical and emotional balance, this relaxing treatment includes warm oil poured on the forehead and hair, ideally followed by a head massage.



Grooming

While not available individually, grooming services can be added to most face and body treatments.

Full leg wax £50

Half leg wax £35

Bikini wax £30

High bikini wax £35

Underarm wax £20

Eyebrow shape £25

Eyelash tint £30



Spa etiquette

Treatments

Our treatments take a holistic approach, ensuring your experience is as much for your inner-self and mind as your face and body. To maximise the benefit of your treatment once you leave the spa, your therapist will offer professional home care advice. Spa products are available for purchase at reception or on our website.

Your appointment

Please provide our team with any medical information which may affect your treatment when making your booking. This includes pregnancy and nursing; you are required to have entered your second trimester before receiving treatment.

You are invited to arrive 30 minutes prior to your treatment to enjoy the spa's facilities. These include our gold leafed relaxation room, sauna, experience showers and amethyst crystal steam room.

Robes, towels and therapeutic slippers are provided. For your comfort, underwear can be worn during the treatment or your therapist can provide you with disposable underwear.

We recommend you remove jewellery before your treatment. Items can be secured in the locker provided at your own risk.

Following your treatment, you are invited to make further use of the spa's facilities for 30 minutes to complete your experience.

Your therapist

Communication with your therapist is essential to personalise your experience whether you're a first time visitor or a regular spa user. If you're unsure of what treatment best suits your needs, we will be delighted to offer advice and make recommendations.

We welcome requests for a male or female therapist, or for a specific therapist, however cannot always guarantee your request.

Cancellations

A valid credit card number is required to secure your booking.

If you are unable to attend your appointment, please notify us in advance. If you are more than 20 minutes late for your appointment it will be treated as a late cancellation.

Unfortunately cancellations made within 48 hours of your scheduled appointment will incur the full treatment fee, which will be charged to the credit card given to secure the booking.

Groups

More than three people attending the spa together constitute a group and are subject to the terms and conditions of our Group Gatherings service. Please note conditions of use are designed to ensure a comfortable experience for all our guests. Management reserves the right to refuse entry to unannounced groups and to apply full cancellation charges.

Additional information

For medical reasons, spa guests must be aged 16 years or older, both for use of the facilities and treatments.

To enhance the spa experience for yourself and other guests, mobile phones are strictly prohibited beyond the spa's reception.

Our best reward is your personal recommendation. Gratuities are at your discretion. All prices, treatments and information are correct at the time of printing, but are subject to change without notice.

Contact us

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